



Digestive Health Associates

CLENPIQ BOWEL PREP KIT

One week before your procedure:

Stop all blood thinners prior to your procedure as recommended by the Primary care Physician or Cardiologist. Please inform our office if you have any Artificial Valves or history of Endocarditic Rheumatic Fever.

Day before your procedure:

1. Begin the day with a light breakfast (toast/oatmeal/fruit with water/coffee).
2. Starting at 10:00 A.M. start a clear liquid diet. Examples are water, coke, black coffee, tea, sprite, ginger ale, and clear chicken broth or beef broth. Green or yellow popsicles or jello are permitted.
DO NOT have any liquids with red, orange, purple or pink dye in them. No dairy products.
3. **If you are Diabetic** contact your endocrinologist or primary care doctor who manages your diabetes to get instructions.
4. At 12:00 P.M. (Noon), take 4 Dulcolax (5mg) tablets all at one time. - (over the counter medication.)
5. At 6:00 P.M. you will drink one bottle of your CLENPIQ bowel prep as directed below: Drink 5 cups equal (40oz) or more of clear liquids.

Day of your procedure:

1. Take second bottle of CLENPIQ bowel prep at _____ A. M. (5 hours prior to procedure check in time) (Follow with 4 more cups of water equal (32oz) following your prep)
2. Do not take any medications unless otherwise instructed.
****Diabetic patients** must not take any diabetic medication until after the procedure.
****Do not eat or drink anything after the second half of your prep****
3. Someone must drive you home. You will not be permitted to have a colonoscopy if you do not have a responsible adult to drive you home. Taxis are not permitted. A bonded shuttle service maybe contracted ahead of time of needed.
4. Do not bring any valuables.

Cancellation Policy for Procedures:

You must give a 72-hour notice to reschedule or cancel your procedure or a **\$75 fee** will be charged to the patient.

Date of Procedure: _____ Check in time: _____

Location: _____